7

ELL

BISTRO ROOMS

LITE BITES

FRESHLY MADE SOUP VGP GFP Warm ciabatta, salted butter

CRAYFISH & SMOKED

SALMON COCKTAIL GFP DFP

Local crayfish & lightly smoked salmon, shredded baby gem, finely sliced spring onions & radish, classic Marie Rose sauce, dill. lemon wedge. granary bread, salted butter

SWEET & STICKY PORK BELLY 10.5

Sticky soy glaze, spring onions, sesame seeds, baby gem

BANG BANG CHICKEN 9.5

Crispy fried chicken, spring & crispy onions, chilli, sweet chilli mayo

GOATS CHEESE SALAD V GFP

Grilled goat's cheese, dressed baby leaf, orange segments, red onion chutney, topped with honey roasted walnuts, toasted sourdough

MAC & CHEESE v

With crispy onions

Choose: crispy bacon/sun-dried tomato & olive/blue cheese/garlic mushrooms

PEA & MINT FALAFEL BITES vgp gf 8.5

Pickles, mint yoghurt

SANDWICHES

12-5 Sun-Wed & 12-3 Thurs-Sat

DIY CRAB GFP DF

13.5

9.5

Dressed Norfolk crab, granary bread, pickles, baby leaf, mayo, lemon wedge

FISH FINGER ©

10

Dill tartar sauce

NORFOLK RAREBIT

Mature cheddar & local ale rarebit on sourdough bread, dressed baby leaf, red onion chutney

MAPLE GLAZED HAM & JARLSBERG GFP

12

Home-baked maple ham, grilled Jarlsberg, slaw, tomato, pickles, Diion mustard on toasted sourdough

FALAFEL PITTA VGP DFP

10

Pea and mint falafel, pickled red cabbage, red onion, shredded baby gem, tomato, tzatziki, crumbled feta

MAINS

PORK CHILLI BOWL GFP DFP

18.5

22

17

17

Slow cooked pork shoulder with Mexican spices, onions, peppers, tomatoes, cannellini beans & red wine. Crusty ciabatta, sour cream & parslev

Add grated mature cheddar 1.5

SPRING LAMB RUMP GF

Parmentier potatoes, roasted carrot puree, seasonal greens, redcurrant gravy, crispy leeks

CHEF'S CURRY

See board

Freshly made curry with wild and basmati rice & traditional accompaniments

BANG BURGER © GFP

7oz steak burger, brioche bun, burger sauce, baby gem, tomato, red onion, pickles, twice cooked chips

1 EACH Add toppings mature cheddar, blue cheese.smoked bacon

TANTANMAN VGP DE

White miso & tahini noodle bowl with soy & sesame mushrooms, crispy onions, chilli, coriander, crispy shrimp chilli oil

FISH & SEAFOOD

NORFOLK CRAB SALAD GF

18

17

Dressed local crab, slaw, pickles, house salad & dressing, saffron potatoes, mayo

FRESH FISH OF THE DAY

See board

BANG STYLE FISH & CHIPS ©

Panko breaded fish goujons, twice cooked chips, pea puree & dill tartar sauce

SMOKED & CRISPY FISH TRAY 22

Grilled smoked salmon, crispy whitebait, potted cockles, crayfish tails, smoked shell on prawns, crispy fish goujons, pickles, dill tartar sauce, warm bread

NIBBLES & SIDES

TWICE COOKED CHIPS vg gF

4.5

Hand cut in the Bang kitchen

SALTED MAPLE POTATO SKINS vg gf4.5

Sriracha hot sauce Add sour cream

1

SAFFRON POTATOES VGP GF

4.5

5

1

HOUSE SALAD & DRESSING VG GF

Baby leaf, bell peppers, carrot, sun dried tomatoes, red onion, pickles

SEASONAL GREENS VGF 4.5

CHEF'S NACHOS VGP 5.5

Guacamole, sour cream Add melted cheddar 1.5

GARLIC CIABATTA V GFP 4

Add melted cheddar

BREAD & OILS VG GFP 4.5

A selection of breads with a light olive oil & balsamic vinegar

OLIVES & SUN DRIED TOMS vg gf

GF BREAD ADD .5

DIETARY & ALLERGEN INFO

Allergens menu available. While our team are happy to help & will make every effort possible to accommodate your dietary requirements, please be aware the presence of allergenic ingredients in our kitchen means we cannot quarantee the absence of these in our food & drink

(1) CHILDREN'S PORTION AVAILABLE

VG **VEGAN GFP GF POSSIBLE VG POSSIBLE** DAIRY FREE **VEGETARIAN DF POSSIBLE**

GLUTEN FREE

WHY NOT STAY AT BANG... **VISIT BANGINWELLS.CO.UK**

BANG IN WELLS BISTRO · BAR · ROOMS

HOT DRINKS FRESHLY GROUND 4 BEAN COFFEE From Butterworth & Son **AMERICANO** 2.8 **CAPPUCCINO** 2.9 2.9 LATTE **FLAT WHITE** 2.8 **CORTADO** 2.8 **ESPRESSO** 2.7 **SHOT OF SYRUP CARAMEL / VANILLA** .5 3.1 **MOCHA HOT CHOCOLATE** 2.9 with marshmallows 1 & cream 2.7 **LOOSE LEAF TEA** From Butterworth & Son English Breakfast, Earl Grey, Rooibos (Red Bush), Egyptian Mint, Green Gunpowder or Blood Orange (per pot) **BUILDER'S TEA** 1.7 **OAT MILK** ADD .5 **COLD DRINKS FRESH ORANGE JUICE** 2.9 2.9 FRESH LOCAL APPLE JUICE **ELDERFLOWER PRESSE** 3,3 **COCA COLA/DIET COKE** 2.9 2.7 **SAN PELLEGRINO** Lemon, Orange, Lemon and Mint, Blood Orange, Pomegranate **FENTIMANS GINGER BEER** 3.5 **WENLOCK SPRING WATER** 2 STILL OR SPARKLING

ROBINSONS SOUASH

BEERS/LAGER/CIDE	R
PERONI LAGER 5.1%, 330ml	4
SOL LAGER (served with a wedge	4
of lime) 5% 330ml	
ADNAMS GHOST SHIP 4.5%, 500ml	5
WOODFORDS WHERRY 3.8% 500ml	5
LACONS AWARD WINNING HAND CRAFTED ENCORE ALE	5
3.8% 500ml	
WHIN HILL SPARKLING CIDER Medium 6.4% or Dry 6.8% 500ml	6
SELECTION OF WINES	8
WHITE WINE	
NOVITA VENEZIE	0.4
PINOT GRIGIO Fresh, Clean, Quaffable	24 8
125ml available on request	6
ROMANS BAY	
SAUVIGNON BLANC 2021	30
Light, Zesty, Mouth Watering 125ml available on request	9.5 7.5
PICPOUL DE PINET, LA SERRA Zesty, Refreshing Finish	29
MESTA ORGANIC	05

VERDEJO 2019

Crisp, Dry, Refreshing

1

25

ROSE WINE	
LE CAMPUGET INVITATION 2021 Refreshing, Simply Delicious 125ml available on request	25 8 6
RED WINE	
RIVALLANA TINTO, RIOJA 2018 Medium Bodied, Modern, Vegan 125ml available on request	26 9 6.5
RESERVA, VALLE DE CURICO, MERLOT 2018 Medium Bodied, Easy Drinking, Vegan	25
EL CAMINO MENDOZA MALBEC 2018 Rich, Smoky, Well Balanced	25
SACHETTO TREVENEZIE PINOT NOIR 2020 Light bodied, Refreshing finis	28 h
PROSECCO Small Bottle Large Bottle	11 32
BANG FAVOURITES From Black Shuck Distillery	
GIN & TONIC White Label, Blush, Passion	7/10
SLOE ROYALE Prosecco & Sloe Gin	15
VODKA & FRESH ORANGE	7/10
BANG BLOODY MARY	7
SLOE GIN	4/8
HONEY RUM LIQUEUR	4/8
DAMSON PORT LIGHTER	A/8